DECLARATION FOR PATENT APPLICATION

As a below named inventor, I hereby declare that:

My residence, post office address and citizenship are as stated below next to my name.

I believe I am the original, first and sole inventor (if only one name is listed below) or an original, first and joint inventor (if plural names are listed below) of the subject matter which is claimed and for which a patent is sought on the invention entitled Method for Monitoring Accumulated Body Fatigue for Determining Recovery During Exercise or Activity the specification of which is attached hereto. (check one) [X] ____; as Application Serial No. [] was filed on _ _(if applicable). and was amended on _ I hereby state that I have reviewed and understand the contents of the above identified specification, including the claims, as amended by any amendment referred to above. I acknowledge the duty to disclose information which is material to the examination of this application in accordance with Title 37, Code of Federal Regulations, §1.56(a). I hereby claim foreign priority benefits under Title 35, United States Code, §119 of any foreign application(s) for patent or inventor's certificate listed below and also identified below any foreign application for patent or inventor's certificate having a filing date before that of the application on which priority is claimed: **Priority Claimed** Prior Foreign Application(s): Yes 16 /08 /2002 20025038 Finland_ (Day/Month/Year Filed) (Number) (Country) I hereby claim the benefit under Title 35, United States Code, §120 of any United States application(s) listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of Title 35, United States Code, §112, I acknowledge the duty to disclose material information as defined in Title 37, Code of Federal Regulations, §1.56(a) which occurred between the filing date of the prior application and the national or PCT international filing date of this application: (Status - patented, pending, abandoned) (Filing Date) (Application Serial No.) (Status - patented, pending, abandoned) (Filing Date) (Application Serial No.) I hereby appoint the following attorney(s) and/or agent(s) to prosecute this application and to transact all business in the Patent and Trademark Office connected therewith: Christopher J. Fildes, Reg. No. 32,132; Robert J. Outland, Reg. No. 22,197 Jeremy Gajewski, Reg. No. 52,930 Address all correspondence and telephone calls to _ Christopher J. Fildes Fildes & Outland, P.C. 20916 Mack Avenue, Suite 2, Grosse Pointe Woods, Michigan 48236 - (313) 885-1500 I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon. 1-00 Full name of sole or first inventor Sami Saalasti 18.1.2005 Inventor's signature Citizenship Finnish Post Office Address Same as residence Ronsuntaipaleentie 806 A.FI-40500 Jyväskylä, Finland Residence_ Q-00 Full name of second joint inventor, if any Joni Kettunen Inventor's signature _ Citizenship Finnish Post Office Address Same as residence Residence Haikantie 3, FI-40900 Säynätsalo, Finland

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